

Individual Top Times

Times since: 01-Sep-09

Chelmsford Swimming Club [CHET]

Convert To: SC Print: SC

Time	P/F/S	Event		
Olivia Adams (10) F				
47.05 S	F	50 Free	28/02/2010	CSC Time Trial
1:50.70 S	T	100 Free	29/03/2010	CSC Time Trial
3:27.74 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
52.45 S	T	50 Back	19/04/2010	CSC Time Trial
59.97 S	F	50 Breast	18/04/2010	HALSTEAD OPEN
2:08.18 S	T	100 Breast	14/03/2010	CSC Time Trial
50.52 S	P	50 Fly	27/06/2010	JSL M11 League - Gala 3
2:08.96 S	F	100 Fly	24/11/2009	Club Championships 2009
4:44.60 S	F	200 Fly	24/11/2009	Club Championships 2009
4:44.60 S	F	200 Fly	24/11/2009	Club Championships 2009
1:56.88 S	T	100 IM	26/04/2010	CSC Time Trial
4:04.71 S	T	200 IM	25/07/2010	Time Trial 200m - 25th July 2010
Daniel Atkinson (8) M				
4:08.50 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
4:36.01 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010
William Banks (8) M				
54.73 S	F	50 Free	28/02/2010	CSC Time Trial
2:04.40 S	T	100 Free	29/03/2010	CSC Time Trial
4:19.55 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
2:04.76 S	T	100 Breast	14/03/2010	CSC Time Trial
4:22.45 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010
2:02.68 S	T	100 IM	26/04/2010	CSC Time Trial
Sian Bevan (16) F				
31.17 S	F	50 Free	24/11/2009	Club Championships 2009
31.17 S	F	50 Free	24/11/2009	Club Championships 2009
1:12.60 S	F	100 Free	24/11/2009	Club Championships 2009
1:12.60 S	F	100 Free	24/11/2009	Club Championships 2009
41.62 S	F	50 Breast	24/11/2009	Club Championships 2009
41.62 S	F	50 Breast	24/11/2009	Club Championships 2009
1:31.43 S	F	100 Breast	16/01/2010	Essex League Gala 2
Danica Brazier (11) F				
31.91 S	P	50 Free	27/06/2010	JSL M11 League - Gala 3
1:08.26 S	F	100 Free	27/03/2010	Essex Age Group Championships - Block D
2:25.45 S	F	200 Free	13/02/2010	Essex Age Group Championships - Block B
5:03.59 S	F	400 Free	13/02/2010	Essex Age Group Championships - Block B
10:26.50 S	F	800 Free	05/06/2010	ASA East Region BAGCAT Championships
20:16.07 S	F	1500 Free	06/03/2010	Essex Age Group Championships - Block C
36.68 S	F	50 Back	23/01/2010	Essex Age Group Championships - Block A
1:15.80 S S	F	100 Back	05/06/2010	ASA East Region BAGCAT Championships
2:40.10 S S	P	200 Back	05/06/2010	ASA East Region BAGCAT Championships
41.54 S	P	50 Breast	27/06/2010	JSL M11 League - Gala 3
1:31.13 S	F	100 Breast	27/03/2010	Essex Age Group Championships - Block D
3:10.53 S	F	200 Breast	06/03/2010	Essex Age Group Championships - Block C
43.14 S	F	50 Fly	24/11/2009	Club Championships 2009
43.14 S	F	50 Fly	24/11/2009	Club Championships 2009
1:20.64 S	F	100 IM	13/02/2010	Essex Age Group Championships - Block B
2:53.21 S	F	200 IM	06/03/2010	Essex Age Group Championships - Block C
Rachel Bruder (9) F				
53.06 S	T	50 Back	19/04/2010	CSC Time Trial
2:02.43 S	T	100 IM	26/04/2010	CSC Time Trial
Eleana Candler (11) F				
44.13 S	P	50 Free	11/07/2010	Ipswich Summer Sprints
1:39.78 S	F	100 Free	11/10/2009	CSC Time Trial
53.34 S	F	50 Back	18/10/2009	CSC Time Trial
1:59.39 S	F	100 Back	24/11/2009	Club Championships 2009
1:01.97 S	P	50 Breast	11/07/2010	Ipswich Summer Sprints
2:05.50 S	T	100 Breast	14/03/2010	CSC Time Trial
1:05.84 S	F	50 Fly	01/11/2009	CSC Time Trial
1:57.00 S	F	100 IM	24/11/2009	Club Championships 2009
1:57.00 S	F	100 IM	24/11/2009	Club Championships 2009

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Time	P/F/S	Event		
Joshua Card-Gowers (12) M				
44.44 S	F	50 Free	24/11/2009	Club Championships 2009
44.44 S	F	50 Free	24/11/2009	Club Championships 2009
1:43.91 S	F	100 Free	24/11/2009	Club Championships 2009
1:43.91 S	F	100 Free	24/11/2009	Club Championships 2009
50.58 S	F	50 Back	24/11/2009	Club Championships 2009
50.58 S	F	50 Back	24/11/2009	Club Championships 2009
1:48.16 S	F	100 Back	24/11/2009	Club Championships 2009
1:48.16 S	F	100 Back	24/11/2009	Club Championships 2009
57.14 S	T	50 Breast	07/03/2010	CSC Time Trial
2:05.91 S	F	100 Breast	24/11/2009	Club Championships 2009
2:05.91 S	F	100 Breast	24/11/2009	Club Championships 2009
4:19.75 S	F	200 Breast	24/11/2009	Club Championships 2009
4:19.75 S	F	200 Breast	24/11/2009	Club Championships 2009
58.28 S	F	50 Fly	24/11/2009	Club Championships 2009
58.28 S	F	50 Fly	24/11/2009	Club Championships 2009
1:55.15 S	F	100 IM	24/11/2009	Club Championships 2009
1:55.15 S	F	100 IM	24/11/2009	Club Championships 2009
Eleanor Clarke (10) F				
40.74 S	F	50 Free	18/04/2010	HALSTEAD OPEN
1:44.52 S	T	100 Free	29/03/2010	CSC Time Trial
3:37.41 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
44.98 S	F	50 Back	18/04/2010	HALSTEAD OPEN
1:40.79 S	P	100 Back	11/07/2010	Ipswich Summer Sprints
46.63 S	P	50 Breast	23/05/2010	JSL M11 League - Gala 2
1:41.94 S	P	100 Breast	11/07/2010	Ipswich Summer Sprints
3:57.71 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010
59.65 S	F	50 Fly	24/11/2009	Club Championships 2009
59.65 S	F	50 Fly	24/11/2009	Club Championships 2009
1:45.14 S	P	100 IM	11/07/2010	Ipswich Summer Sprints
Jacob Clarke (9) M				
54.71 S	F	50 Free	28/02/2010	CSC Time Trial
2:11.04 S	F	100 Free	21/02/2010	CSC Timt Trial
4:03.39 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
58.64 S	T	50 Back	07/03/2010	CSC Time Trial
1:08.41 S	T	50 Breast	07/03/2010	CSC Time Trial
2:28.61 S	T	100 Breast	14/03/2010	CSC Time Trial
4:48.92 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010
Matthew Clarke (11) M				
37.38 S	P	50 Free	11/07/2010	Ipswich Summer Sprints
1:30.92 S	T	100 Free	29/03/2010	CSC Time Trial
3:13.58 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
44.28 S	F	50 Back	18/04/2010	HALSTEAD OPEN
46.12 S	P	50 Breast	11/07/2010	Ipswich Summer Sprints
1:41.37 S	P	100 Breast	11/07/2010	Ipswich Summer Sprints
3:44.98 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010
59.65 S	F	50 Fly	01/11/2009	CSC Time Trial
1:39.82 S	T	100 IM	26/04/2010	CSC Time Trial
Isabella Collins (11) F				
39.71 S	F	50 Free	29/05/2010	Colchester Open Meet
1:34.40 S	F	100 Free	21/02/2010	CSC Timt Trial
3:29.37 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
46.86 S	F	50 Back	24/11/2009	Club Championships 2009
51.53 S	F	50 Breast	29/05/2010	Colchester Open Meet
1:53.77 S	F	100 Breast	24/11/2009	Club Championships 2009
1:53.77 S	F	100 Breast	24/11/2009	Club Championships 2009
4:09.69 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010
48.46 S	F	50 Fly	29/05/2010	Colchester Open Meet
1:39.46 S	F	100 IM	29/05/2010	Colchester Open Meet
Toby Collins (10) M				
1:49.88 S	T	100 Free	29/03/2010	CSC Time Trial
Nathan Croft (11) M				
41.08 S	F	50 Free	24/11/2009	Club Championships 2009

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Nathan Croft (11) M				
41.08 S	F	50 Free	24/11/2009	Club Championships 2009
1:34.00 S	F	100 Free	22/11/2009	CSC Time Trial
40.59 S	P	50 Back	27/06/2010	JSL M11 League - Gala 3
1:31.56 S	F	100 Back	24/11/2009	Club Championships 2009
1:31.56 S	F	100 Back	24/11/2009	Club Championships 2009
54.51 S	F	50 Fly	01/11/2009	CSC Time Trial
1:38.99 S	T	100 IM	26/04/2010	CSC Time Trial
Rebecca Croft (9) F				
56.25 S	T	50 Back	19/04/2010	CSC Time Trial
Ross Davy (13) M				
29.35 S	F	50 Free	24/11/2009	Club Championships 2009
29.35 S	F	50 Free	24/11/2009	Club Championships 2009
1:03.40 S	F	100 Free	06/03/2010	Essex Age Group Championships - Block C
2:26.68 S	F	200 Free	24/11/2009	Club Championships 2009
2:26.68 S	F	200 Free	24/11/2009	Club Championships 2009
4:59.47 S	F	400 Free	24/11/2009	Club Championships 2009
10:24.42 S	F	800 Free	24/11/2009	Club Championships 2009
36.02 S	F	50 Back	29/05/2010	Colchester Open Meet
1:20.41 S	F	100 Back	24/11/2009	Club Championships 2009
1:20.41 S	F	100 Back	24/11/2009	Club Championships 2009
2:52.82 S	F	200 Back	24/11/2009	Club Championships 2009
2:52.82 S	F	200 Back	24/11/2009	Club Championships 2009
36.38 S	F	50 Breast	29/05/2010	Colchester Open Meet
1:21.05 S	F	100 Breast	13/02/2010	Essex Age Group Championships - Block B
3:01.06 S	F	200 Breast	24/11/2009	Club Championships 2009
3:01.06 S	F	200 Breast	24/11/2009	Club Championships 2009
31.95 S	F	50 Fly	29/05/2010	Colchester Open Meet
1:25.12 S	F	100 Fly	24/11/2009	Club Championships 2009
1:25.12 S	F	100 Fly	24/11/2009	Club Championships 2009
1:15.05 S	F	100 IM	29/05/2010	Colchester Open Meet
2:50.18 S	F	200 IM	24/11/2009	Club Championships 2009
2:50.18 S	F	200 IM	24/11/2009	Club Championships 2009
6:05.33 S	F	400 IM	24/11/2009	Club Championships 2009
Eliza Duffy (13) F				
28.79 S	F	50 Free	23/01/2010	Essex Age Group Championships - Block A
1:00.69 S	F	100 Free	27/03/2010	Essex Age Group Championships - Block D
2:11.10 S	F	200 Free	20/03/2010	Provence- Nation, Nice
4:37.70 S	F	400 Free	20/03/2010	Provence- Nation, Nice
9:42.80 S	F	800 Free	15/05/2010	London Swimming Long Distance Meet
20:41.18 S	F	1500 Free	24/11/2009	Club Championships 2009
32.33 S	F	50 Back	21/11/2009	Essex Championships & Special Relays Weekend
1:07.90 S S	F	100 Back	05/06/2010	ASA East Region BAGCAT Championships
2:25.00 S	F	200 Back	06/03/2010	Essex Age Group Championships - Block C
44.28 S	F	50 Breast	24/11/2009	Club Championships 2009
44.28 S	F	50 Breast	24/11/2009	Club Championships 2009
1:28.29 S	F	100 Breast	24/11/2009	Club Championships 2009
1:28.29 S	F	100 Breast	24/11/2009	Club Championships 2009
30.91 S	F	50 Fly	23/01/2010	Essex Age Group Championships - Block A
1:08.40 S	F	100 Fly	27/03/2010	Essex Age Group Championships - Block D
2:32.93 S	F	200 Fly	27/03/2010	Essex Age Group Championships - Block D
1:11.13 S	F	100 IM	13/02/2010	Essex Age Group Championships - Block B
2:29.45 S	F	200 IM	06/03/2010	Essex Age Group Championships - Block C
5:14.64 S	F	400 IM	27/03/2010	Essex Age Group Championships - Block D
Maxwell Duffy (11) M				
33.66 S	F	50 Free	29/05/2010	Colchester Open Meet
1:17.25 S	F	100 Free	21/02/2010	CSC Timt Trial
2:58.62 S	F	200 Free	24/11/2009	Club Championships 2009
38.36 S	F	50 Back	20/03/2010	Essex Legue Gala 3
1:39.29 S	F	100 Back	24/11/2009	Club Championships 2009
51.86 S	T	50 Breast	07/03/2010	CSC Time Trial
1:55.69 S	T	100 Breast	14/03/2010	CSC Time Trial
38.10 S	F	50 Fly	29/05/2010	Colchester Open Meet

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Time	P/F/S	Event			
Maxwell Duffy (11) M					
1:32.60 S	T	100 IM	26/04/2010	CSC Time Trial	
Cain Eagle (13) M					
37.95 S	F	50 Free	28/02/2010	CSC Time Trial	
1:24.51 S	F	100 Free	21/02/2010	CSC Timt Trial	
54.54 S	F	50 Breast	24/11/2009	Club Championships 2009	
54.54 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:02.18 S	F	50 Fly	28/02/2010	CSC Time Trial	
Dolores Eagle (9) F					
47.28 S	F	50 Free	28/02/2010	CSC Time Trial	
1:48.06 S	T	100 Free	29/03/2010	CSC Time Trial	
Maximilian Eagle (11) M					
40.85 S	F	50 Free	28/02/2010	CSC Time Trial	
1:28.78 S	T	100 Free	29/03/2010	CSC Time Trial	
47.74 S	T	50 Back	07/03/2010	CSC Time Trial	
59.33 S	T	50 Breast	07/03/2010	CSC Time Trial	
1:04.44 S	F	50 Fly	28/02/2010	CSC Time Trial	
1:50.24 S	T	100 IM	26/04/2010	CSC Time Trial	
Joseph Edwards (11) M					
41.25 S	F	50 Free	28/02/2010	CSC Time Trial	
1:38.08 S	F	100 Free	24/11/2009	Club Championships 2009	
1:38.08 S	F	100 Free	24/11/2009	Club Championships 2009	
48.10 S	T	50 Back	19/04/2010	CSC Time Trial	
55.10 S	T	50 Breast	07/03/2010	CSC Time Trial	
2:02.69 S	F	100 Breast	15/11/2009	CSC Time Trial	
58.21 S	F	50 Fly	28/02/2010	CSC Time Trial	
1:42.11 S	T	100 IM	26/04/2010	CSC Time Trial	
Evangelina Fisher (15) F					
28.94 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	
1:02.15 S	F	100 Free	27/03/2010	Essex Age Group Championships - Block D	
2:15.30 S	F	200 Free	22/05/2010	Bracknell Open Level 1	
4:40.42 S	F	400 Free	27/03/2010	Essex Age Group Championships - Block D	
9:56.38 S	F	800 Free	24/11/2009	Club Championships 2009	
17:55.46 S	F	1500 Free	06/03/2010	Essex Age Group Championships - Block C	
33.79 S	P	50 Back	11/07/2010	Ipswich Summer Sprints	
1:10.42 S	F	100 Back	06/03/2010	Essex Age Group Championships - Block C	
2:28.78 S	F	200 Back	06/03/2010	Essex Age Group Championships - Block C	
34.89 S	P	50 Breast	11/07/2010	Ipswich Summer Sprints	
1:16.49 S	P	100 Breast	11/07/2010	Ipswich Summer Sprints	
2:44.44 S	F	200 Breast	13/02/2010	Essex Age Group Championships - Block B	
31.92 S	P	50 Fly	11/07/2010	Ipswich Summer Sprints	
1:10.13 S	F	100 Fly	06/03/2010	Essex Age Group Championships - Block C	
1:09.65 S	F	100 IM	13/02/2010	Essex Age Group Championships - Block B	
2:29.92 S	F	200 IM	27/03/2010	Essex Age Group Championships - Block D	
5:16.71 S	F	400 IM	27/03/2010	Essex Age Group Championships - Block D	
Eleanor Foot (12) F					
1:51.01 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:51.01 S	F	100 Breast	24/11/2009	Club Championships 2009	
Darcey Gardiner (10) F					
39.01 S	P	50 Free	04/07/2010	Braintree Summer Sprints	
1:30.12 S	F	100 Free	18/04/2010	HALSTEAD OPEN	
45.75 S	F	50 Back	25/04/2010	JSL M11 League - Gala 1	
1:04.28 S	T	50 Breast	07/03/2010	CSC Time Trial	
2:12.77 S	T	100 Breast	14/03/2010	CSC Time Trial	
1:07.71 S	F	50 Fly	28/02/2010	CSC Time Trial	
1:45.66 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
Lucy Gardner (12) F					
33.75 S	F	50 Free	25/04/2010	JSL M11 League - Gala 1	
1:13.12 S	P	100 Free	11/07/2010	Ipswich Summer Sprints	
41.85 S	P	50 Back	11/07/2010	Ipswich Summer Sprints	
51.59 S	T	50 Breast	07/03/2010	CSC Time Trial	
1:48.75 S	T	100 Breast	14/03/2010	CSC Time Trial	

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Lucy Gardner (12) F					
43.22 S	F	50 Fly	24/11/2009	Club Championships 2009	
43.22 S	F	50 Fly	24/11/2009	Club Championships 2009	
1:29.74 S	T	100 IM	26/04/2010	CSC Time Trial	
Thomas Gardner (10) M					
43.44 S	F	50 Free	18/04/2010	HALSTEAD OPEN	
1:37.03 S	P	100 Free	11/07/2010	Ipswich Summer Sprints	
49.78 S	T	50 Back	19/04/2010	CSC Time Trial	
55.91 S	F	50 Breast	18/04/2010	HALSTEAD OPEN	
2:13.21 S	T	100 Breast	14/03/2010	CSC Time Trial	
1:12.66 S	F	50 Fly	28/02/2010	CSC Time Trial	
1:52.44 S	T	100 IM	26/04/2010	CSC Time Trial	
Charles Getting (10) M					
38.87 S	F	50 Free	29/05/2010	Colchester Open Meet	
1:35.81 S	T	100 Free	29/03/2010	CSC Time Trial	
3:19.34 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
54.88 S	T	50 Back	07/03/2010	CSC Time Trial	
1:00.42 S	T	50 Breast	07/03/2010	CSC Time Trial	
2:01.25 S	T	100 Breast	14/03/2010	CSC Time Trial	
4:19.18 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010	
55.00 S	F	50 Fly	18/04/2010	HALSTEAD OPEN	
1:45.91 S	T	100 IM	26/04/2010	CSC Time Trial	
Lauren Gladwell (14) F					
34.82 S	F	50 Free	24/11/2009	Club Championships 2009	
34.82 S	F	50 Free	24/11/2009	Club Championships 2009	
1:16.86 S	F	100 Free	24/11/2009	Club Championships 2009	
1:16.86 S	F	100 Free	24/11/2009	Club Championships 2009	
40.56 S	F	50 Back	24/11/2009	Club Championships 2009	
40.56 S	F	50 Back	24/11/2009	Club Championships 2009	
1:25.47 S	F	100 Back	24/11/2009	Club Championships 2009	
1:25.47 S	F	100 Back	24/11/2009	Club Championships 2009	
45.93 S	F	50 Breast	24/11/2009	Club Championships 2009	
45.93 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:40.63 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:40.63 S	F	100 Breast	24/11/2009	Club Championships 2009	
Charlotte Gowers (10) F					
41.50 S	P	50 Free	27/06/2010	JSL M11 League - Gala 3	
1:40.41 S	F	100 Free	24/11/2009	Club Championships 2009	
3:30.84 S	F	200 Free	24/11/2009	Club Championships 2009	
47.51 S	P	50 Back	04/07/2010	Braintree Summer Sprints	
1:40.78 S	F	100 Back	18/04/2010	HALSTEAD OPEN	
3:40.05 S	F	200 Back	24/11/2009	Club Championships 2009	
54.07 S	P	50 Breast	04/07/2010	Braintree Summer Sprints	
2:01.75 S	F	100 Breast	24/11/2009	Club Championships 2009	
2:01.75 S	F	100 Breast	24/11/2009	Club Championships 2009	
58.71 S	F	50 Fly	29/05/2010	Colchester Open Meet	
1:44.11 S	F	100 IM	04/07/2010	Braintree Summer Sprints	
Alice Greenwood (12) F					
39.55 S	F	50 Free	24/11/2009	Club Championships 2009	
39.55 S	F	50 Free	24/11/2009	Club Championships 2009	
1:31.29 S	T	100 Free	29/03/2010	CSC Time Trial	
44.74 S	F	50 Back	24/11/2009	Club Championships 2009	
44.74 S	F	50 Back	24/11/2009	Club Championships 2009	
44.74 S	T	50 Back	19/04/2010	CSC Time Trial	
54.58 S	F	50 Breast	24/11/2009	Club Championships 2009	
54.58 S	F	50 Breast	24/11/2009	Club Championships 2009	
2:02.93 S	F	100 Breast	15/11/2009	CSC Time Trial	
50.40 S	F	50 Fly	24/11/2009	Club Championships 2009	
50.40 S	F	50 Fly	24/11/2009	Club Championships 2009	
1:43.02 S	F	100 IM	24/11/2009	Club Championships 2009	
1:43.02 S	F	100 IM	24/11/2009	Club Championships 2009	
Lucy Greenwood (10) F					
41.96 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	

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Lucy Greenwood (10) F					
1:41.97 S	T	100 Free	29/03/2010	CSC Time Trial	
52.67 S	P	50 Back	11/07/2010	Ipswich Summer Sprints	
56.44 S	F	50 Breast	18/04/2010	HALSTEAD OPEN	
2:25.53 S	F	100 Breast	15/11/2009	CSC Time Trial	
48.76 S	P	50 Fly	04/07/2010	Braintree Summer Sprints	
1:47.39 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
Lucy Hagger (9) F					
38.89 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	
1:34.79 S	T	100 Free	29/03/2010	CSC Time Trial	
45.64 S	P	50 Back	11/07/2010	Ipswich Summer Sprints	
52.28 S	F	50 Breast	18/04/2010	HALSTEAD OPEN	
1:39.08 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
Charlotte Haley (14) F					
33.45 S	P	50 Free	04/07/2010	Braintree Summer Sprints	
1:12.37 S	F	100 Free	24/11/2009	Club Championships 2009	
1:12.37 S	F	100 Free	24/11/2009	Club Championships 2009	
2:38.22 S	F	200 Free	24/11/2009	Club Championships 2009	
2:38.22 S	F	200 Free	24/11/2009	Club Championships 2009	
39.56 S	F	50 Back	24/11/2009	Club Championships 2009	
39.56 S	F	50 Back	24/11/2009	Club Championships 2009	
1:23.05 S	F	100 Back	24/11/2009	Club Championships 2009	
1:23.05 S	F	100 Back	24/11/2009	Club Championships 2009	
47.09 S	P	50 Breast	04/07/2010	Braintree Summer Sprints	
1:36.34 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:36.34 S	F	100 Breast	24/11/2009	Club Championships 2009	
39.30 S	F	50 Fly	29/05/2010	Colchester Open Meet	
1:25.01 S	F	100 IM	04/07/2010	Braintree Summer Sprints	
3:01.04 S	F	200 IM	24/11/2009	Club Championships 2009	
3:01.04 S	F	200 IM	24/11/2009	Club Championships 2009	
Declan Hardy (12) M					
33.66 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	
1:16.28 S	F	100 Free	24/11/2009	Club Championships 2009	
1:16.28 S	F	100 Free	24/11/2009	Club Championships 2009	
2:54.29 S	F	200 Free	24/11/2009	Club Championships 2009	
2:54.29 S	F	200 Free	24/11/2009	Club Championships 2009	
39.25 S	P	50 Back	23/05/2010	JSL M11 League - Gala 2	
43.24 S	P	50 Breast	27/06/2010	JSL M11 League - Gala 3	
1:40.90 S	F	100 Breast	18/04/2010	HALSTEAD OPEN	
3:50.22 S	F	200 Breast	24/11/2009	Club Championships 2009	
3:50.22 S	F	200 Breast	24/11/2009	Club Championships 2009	
54.38 S	F	50 Fly	18/10/2009	CSC Time Trial	
1:30.63 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
Emma Harley (14) F					
30.21 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	
1:08.31 S	P	100 Free	11/07/2010	Ipswich Summer Sprints	
2:35.61 S	F	200 Free	24/11/2009	Club Championships 2009	
2:35.61 S	F	200 Free	24/11/2009	Club Championships 2009	
5:27.13 S	F	400 Free	24/11/2009	Club Championships 2009	
11:30.13 S	F	800 Free	24/11/2009	Club Championships 2009	
34.82 S	P	50 Back	11/07/2010	Ipswich Summer Sprints	
1:17.18 S	F	100 Back	16/01/2010	Essex League Gala 2	
2:53.23 S	F	200 Back	24/11/2009	Club Championships 2009	
2:53.23 S	F	200 Back	24/11/2009	Club Championships 2009	
40.52 S	P	50 Breast	11/07/2010	Ipswich Summer Sprints	
1:30.80 S	P	100 Breast	11/07/2010	Ipswich Summer Sprints	
3:19.89 S	F	200 Breast	24/11/2009	Club Championships 2009	
3:19.89 S	F	200 Breast	24/11/2009	Club Championships 2009	
36.05 S	F	50 Fly	18/04/2010	HALSTEAD OPEN	
1:19.37 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
2:54.67 S	F	200 IM	18/04/2010	HALSTEAD OPEN	
Bethany Harrington (10) F					
35.95 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	

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Convert To: SC Print: SC

Time	P/F/S	Event			
Bethany Harrington (10) F					
1:24.30 S	P	100 Free	11/07/2010	Ipswich Summer Sprints	
3:02.96 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
6:58.82 S	F	400 Free	24/11/2009	Club Championships 2009	
42.71 S	P	50 Back	23/05/2010	JSL M11 League - Gala 2	
1:36.21 S	P	100 Back	11/07/2010	Ipswich Summer Sprints	
3:26.98 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010	
53.72 S	P	50 Breast	04/07/2010	Braintree Summer Sprints	
2:05.93 S	T	100 Breast	14/03/2010	CSC Time Trial	
49.45 S	P	50 Fly	11/07/2010	Ipswich Summer Sprints	
1:38.20 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
3:38.85 S	F	200 IM	18/04/2010	HALSTEAD OPEN	
Ethan Harrington (12) M					
32.68 S	F	50 Free	04/07/2010	Braintree Summer Sprints	
1:19.85 S	F	100 Free	24/11/2009	Club Championships 2009	
1:19.85 S	F	100 Free	24/11/2009	Club Championships 2009	
13:01.95 S	F	800 Free	24/11/2009	Club Championships 2009	
35.79 S	P	50 Back	04/07/2010	Braintree Summer Sprints	
35.79 S	F	50 Back	04/07/2010	Braintree Summer Sprints	
3:07.80 S	F	200 Back	24/11/2009	Club Championships 2009	
3:07.80 S	F	200 Back	24/11/2009	Club Championships 2009	
1:26.86 S	F	100 IM	04/07/2010	Braintree Summer Sprints	
Lauren Harrington (13) F					
32.41 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	
1:10.21 S	P	100 Free	11/07/2010	Ipswich Summer Sprints	
2:30.39 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
5:23.36 S	F	400 Free	24/11/2009	Club Championships 2009	
11:21.15 S	F	800 Free	24/11/2009	Club Championships 2009	
38.31 S	F	50 Back	04/07/2010	Braintree Summer Sprints	
1:22.74 S	F	100 Back	24/11/2009	Club Championships 2009	
1:22.74 S	F	100 Back	24/11/2009	Club Championships 2009	
2:56.62 S	F	200 Back	24/11/2009	Club Championships 2009	
2:56.62 S	F	200 Back	24/11/2009	Club Championships 2009	
45.21 S	P	50 Breast	26/09/2009	Bishops Stortford Autumn Open Meet	
1:36.10 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:36.10 S	F	100 Breast	24/11/2009	Club Championships 2009	
3:32.63 S	F	200 Breast	24/11/2009	Club Championships 2009	
3:32.63 S	F	200 Breast	24/11/2009	Club Championships 2009	
37.31 S	F	50 Fly	04/07/2010	Braintree Summer Sprints	
1:22.82 S	P	100 Fly	11/07/2010	Ipswich Summer Sprints	
3:10.36 S	F	200 Fly	24/11/2009	Club Championships 2009	
3:10.36 S	F	200 Fly	24/11/2009	Club Championships 2009	
1:23.44 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
2:58.60 S	F	200 IM	24/11/2009	Club Championships 2009	
2:58.60 S	F	200 IM	24/11/2009	Club Championships 2009	
6:09.47 S	F	400 IM	24/11/2009	Club Championships 2009	
Thomas Hellon (11) M					
42.67 S	F	50 Free	28/02/2010	CSC Time Trial	
1:34.80 S	F	100 Free	21/02/2010	CSC Timt Trial	
46.28 S	T	50 Back	19/04/2010	CSC Time Trial	
1:01.62 S	T	50 Breast	07/03/2010	CSC Time Trial	
2:08.69 S	T	100 Breast	14/03/2010	CSC Time Trial	
59.14 S	F	50 Fly	28/02/2010	CSC Time Trial	
Alana Jones (14) F					
30.83 S	P	50 Free	23/01/2010	Essex Age Group Championships - Block A	
1:05.94 S	F	100 Free	16/01/2010	Essex League Gala 2	
2:24.93 S	F	200 Free	24/11/2009	Club Championships 2009	
2:24.93 S	F	200 Free	24/11/2009	Club Championships 2009	
4:59.81 S	F	400 Free	24/11/2009	Club Championships 2009	
33.20 S	F	50 Back	23/01/2010	Essex Age Group Championships - Block A	
1:10.51 S	P	100 Back	21/11/2009	Essex Championships & Special Relays Weekend	
2:31.75 S	F	200 Back	24/11/2009	Club Championships 2009	
2:31.75 S	F	200 Back	24/11/2009	Club Championships 2009	

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Time	P/F/S	Event		
Alana Jones (14) F				
44.84 S	F	50 Breast	24/11/2009	Club Championships 2009
44.84 S	F	50 Breast	24/11/2009	Club Championships 2009
37.11 S	F	50 Fly	24/11/2009	Club Championships 2009
37.11 S	F	50 Fly	24/11/2009	Club Championships 2009
1:20.02 S	F	100 IM	24/11/2009	Club Championships 2009
1:20.02 S	F	100 IM	24/11/2009	Club Championships 2009
Connor Julian (11) M				
3:08.21 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
3:54.64 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010
3:44.26 S	T	200 IM	25/07/2010	Time Trial 200m - 25th July 2010
Edward Keeler (12) M				
38.81 S	P	50 Free	14/11/2009	National League Gala - 2nd Leg
1:34.71 S	F	100 Free	24/11/2009	Club Championships 2009
1:34.71 S	F	100 Free	24/11/2009	Club Championships 2009
3:24.84 S	F	200 Free	24/11/2009	Club Championships 2009
3:24.84 S	F	200 Free	24/11/2009	Club Championships 2009
43.01 S	F	50 Back	24/11/2009	Club Championships 2009
43.01 S	F	50 Back	24/11/2009	Club Championships 2009
3:24.03 S	F	200 Back	24/11/2009	Club Championships 2009
3:24.03 S	F	200 Back	24/11/2009	Club Championships 2009
1:16.69 S	F	50 Breast	24/11/2009	Club Championships 2009
1:16.69 S	F	50 Breast	24/11/2009	Club Championships 2009
50.61 S	F	50 Fly	01/11/2009	CSC Time Trial
2:22.28 S	F	100 Fly	24/11/2009	Club Championships 2009
2:22.28 S	F	100 Fly	24/11/2009	Club Championships 2009
1:39.43 S	T	100 IM	26/04/2010	CSC Time Trial
Zowie King (10) F				
47.54 S	T	50 Back	19/04/2010	CSC Time Trial
1:51.54 S	T	100 IM	26/04/2010	CSC Time Trial
Matthew Knowles (15) M				
29.19 S	F	50 Free	18/04/2010	HALSTEAD OPEN
1:03.77 S	F	100 Free	18/04/2010	HALSTEAD OPEN
2:21.35 S	F	200 Free	24/11/2009	Club Championships 2009
2:21.35 S	F	200 Free	24/11/2009	Club Championships 2009
4:54.27 S	F	400 Free	24/11/2009	Club Championships 2009
10:04.25 S	F	800 Free	24/11/2009	Club Championships 2009
19:17.37 S	F	1500 Free	24/11/2009	Club Championships 2009
35.08 S	F	50 Back	24/11/2009	Club Championships 2009
35.08 S	F	50 Back	24/11/2009	Club Championships 2009
1:14.87 S	F	100 Back	24/11/2009	Club Championships 2009
1:14.87 S	F	100 Back	24/11/2009	Club Championships 2009
2:40.36 S	F	200 Back	24/11/2009	Club Championships 2009
2:40.36 S	F	200 Back	24/11/2009	Club Championships 2009
39.79 S	F	50 Breast	24/11/2009	Club Championships 2009
39.79 S	F	50 Breast	24/11/2009	Club Championships 2009
1:26.40 S	F	100 Breast	24/11/2009	Club Championships 2009
1:26.40 S	F	100 Breast	24/11/2009	Club Championships 2009
3:08.38 S	F	200 Breast	24/11/2009	Club Championships 2009
3:08.38 S	F	200 Breast	24/11/2009	Club Championships 2009
34.35 S	F	50 Fly	18/04/2010	HALSTEAD OPEN
1:16.18 S	F	100 Fly	16/01/2010	Essex League Gala 2
3:01.92 S	F	200 Fly	24/11/2009	Club Championships 2009
3:01.92 S	F	200 Fly	24/11/2009	Club Championships 2009
1:14.00 S	F	100 IM	24/11/2009	Club Championships 2009
1:14.00 S	F	100 IM	24/11/2009	Club Championships 2009
2:45.68 S	F	200 IM	24/11/2009	Club Championships 2009
2:45.68 S	F	200 IM	24/11/2009	Club Championships 2009
Sarah Larner (16) F				
28.87 S	F	50 Free	08/05/2010	West Suffolk Open (Sarah Larner)
1:01.37 S	F	100 Free	08/05/2010	West Suffolk Open (Sarah Larner)
2:13.96 S	F	200 Free	13/02/2010	Essex Age Group Championships - Block B
4:40.61 S	F	400 Free	27/03/2010	Essex Age Group Championships - Block D

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Time	P/F/S	Event		
Sarah Lerner (16) F				
10:12.75 S	F	800 Free	24/11/2009	Club Championships 2009
32.45 S	F	50 Back	18/04/2010	HALSTEAD OPEN
1:08.34 S	F	100 Back	18/04/2010	HALSTEAD OPEN
2:27.66 S	F	200 Back	06/03/2010	Essex Age Group Championships - Block C
40.62 S	F	50 Breast	04/07/2010	Braintree Summer Sprints
1:28.55 S	F	100 Breast	18/04/2010	HALSTEAD OPEN
3:18.54 S	F	200 Breast	24/11/2009	Club Championships 2009
30.40 S	F	50 Fly	01/05/2010	ASA East Region Youth Championships
1:06.47 S	F	100 Fly	06/03/2010	Essex Age Group Championships - Block C
2:38.70 S	F	200 Fly	08/05/2010	West Suffolk Open (Sarah Lerner)
1:10.52 S	F	100 IM	13/02/2010	Essex Age Group Championships - Block B
2:31.44 S	F	200 IM	27/03/2010	Essex Age Group Championships - Block D
5:24.90 S	F	400 IM	27/03/2010	Essex Age Group Championships - Block D
Mackenzie Maberly (10) M				
1:39.69 S	T	100 Free	29/03/2010	CSC Time Trial
50.59 S	F	50 Back	18/10/2009	CSC Time Trial
1:50.88 S	F	100 Back	18/04/2010	HALSTEAD OPEN
2:19.81 S	F	100 Breast	15/11/2009	CSC Time Trial
1:07.37 S	F	50 Fly	18/10/2009	CSC Time Trial
1:53.39 S	T	100 IM	26/04/2010	CSC Time Trial
Robert Main (11) M				
40.28 S	F	50 Free	24/11/2009	Club Championships 2009
40.28 S	F	50 Free	24/11/2009	Club Championships 2009
1:25.65 S	F	100 Free	24/11/2009	Club Championships 2009
1:25.65 S	F	100 Free	24/11/2009	Club Championships 2009
45.59 S	F	50 Back	24/11/2009	Club Championships 2009
45.59 S	F	50 Back	24/11/2009	Club Championships 2009
1:38.19 S	F	100 Back	24/11/2009	Club Championships 2009
1:38.19 S	F	100 Back	24/11/2009	Club Championships 2009
53.91 S	F	50 Breast	24/11/2009	Club Championships 2009
53.91 S	F	50 Breast	24/11/2009	Club Championships 2009
Orin Mann (13) M				
27.83 S	F	50 Free	04/07/2010	Braintree Summer Sprints
1:00.22 S	F	100 Free	06/03/2010	Essex Age Group Championships - Block C
31.80 S	F	50 Back	04/07/2010	Braintree Summer Sprints
1:12.77 S	F	100 Back	19/11/2009	Braintree club champs
38.50 S	F	50 Breast	04/07/2010	Braintree Summer Sprints
31.73 S	P	50 Fly	04/07/2010	Braintree Summer Sprints
1:11.82 S	F	100 IM	29/05/2010	Colchester Open Meet
2:44.89 S	F	200 IM	19/11/2009	Braintree club champs
Eleanor Massey (14) F				
30.42 S	P	50 Free	23/01/2010	Essex Age Group Championships - Block A
1:06.69 S	P	100 Free	10/10/2009	National League Gala - 1st Leg
2:26.49 S	P	200 Free	26/09/2009	Bishops Stortford Autumn Open Meet
5:06.29 S	F	400 Free	24/11/2009	Club Championships 2009
10:41.56 S	F	800 Free	24/11/2009	Club Championships 2009
20:52.49 S	F	1500 Free	24/11/2009	Club Championships 2009
1:16.25 S	F	100 Back	20/03/2010	Essex League Gala 3
2:50.76 S	F	200 Back	24/11/2009	Club Championships 2009
2:50.76 S	F	200 Back	24/11/2009	Club Championships 2009
45.51 S	P	50 Breast	26/09/2009	Bishops Stortford Autumn Open Meet
1:36.65 S	F	100 Breast	24/11/2009	Club Championships 2009
1:36.65 S	F	100 Breast	24/11/2009	Club Championships 2009
34.72 S	P	50 Fly	26/09/2009	Bishops Stortford Autumn Open Meet
1:17.03 S	F	100 Fly	16/01/2010	Essex League Gala 2
1:18.95 S	P	100 IM	26/09/2009	Bishops Stortford Autumn Open Meet
2:52.89 S	F	200 IM	24/11/2009	Club Championships 2009
2:52.89 S	F	200 IM	24/11/2009	Club Championships 2009
5:54.11 S	F	400 IM	24/11/2009	Club Championships 2009
Eleanor McCaffrey (12) F				
30.33 S	F	50 Free	18/04/2010	HALSTEAD OPEN
1:04.68 S	P	100 Free	27/03/2010	Essex Age Group Championships - Block D

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Time	P/F/S	Event			
Eleanor McCaffrey (12) F					
2:22.43 S	F	200 Free	13/02/2010	Essex Age Group Championships - Block B	
5:20.42 S	F	400 Free	24/11/2009	Club Championships 2009	
34.53 S	F	50 Back	18/04/2010	HALSTEAD OPEN	
1:13.00 S S	F	100 Back	05/06/2010	ASA East Region BAGCAT Championships	
2:45.84 S	F	200 Back	06/03/2010	Essex Age Group Championships - Block C	
43.10 S	F	50 Breast	29/05/2010	Colchester Open Meet	
1:34.19 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:34.19 S	F	100 Breast	24/11/2009	Club Championships 2009	
32.71 S	F	50 Fly	29/05/2010	Colchester Open Meet	
1:18.37 S	P	100 Fly	11/07/2010	Ipswich Summer Sprints	
1:16.11 S	F	100 IM	29/05/2010	Colchester Open Meet	
2:44.41 S	F	200 IM	18/04/2010	HALSTEAD OPEN	
Alex McIntyre (10) M					
49.11 S	F	50 Free	28/02/2010	CSC Time Trial	
1:54.08 S	T	100 Free	29/03/2010	CSC Time Trial	
51.26 S	T	50 Back	07/03/2010	CSC Time Trial	
2:03.44 S	F	100 Back	24/11/2009	Club Championships 2009	
1:04.57 S	T	50 Breast	07/03/2010	CSC Time Trial	
2:11.56 S	T	100 Breast	14/03/2010	CSC Time Trial	
Dani McIntyre (12) F					
38.43 S	P	50 Free	26/09/2009	Bishops Stortford Autumn Open Meet	
1:28.93 S	F	100 Free	24/11/2009	Club Championships 2009	
1:28.93 S	F	100 Free	24/11/2009	Club Championships 2009	
3:07.74 S	F	200 Free	24/11/2009	Club Championships 2009	
3:07.74 S	F	200 Free	24/11/2009	Club Championships 2009	
44.34 S	F	50 Back	24/11/2009	Club Championships 2009	
44.34 S	F	50 Back	24/11/2009	Club Championships 2009	
55.29 S	F	50 Breast	24/11/2009	Club Championships 2009	
55.29 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:51.55 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:51.55 S	F	100 Breast	24/11/2009	Club Championships 2009	
44.59 S	F	50 Fly	24/11/2009	Club Championships 2009	
44.59 S	F	50 Fly	24/11/2009	Club Championships 2009	
1:47.81 S	F	100 Fly	24/11/2009	Club Championships 2009	
1:47.81 S	F	100 Fly	24/11/2009	Club Championships 2009	
1:37.57 S	P	100 IM	26/09/2009	Bishops Stortford Autumn Open Meet	
3:30.63 S	F	200 IM	24/11/2009	Club Championships 2009	
3:30.63 S	F	200 IM	24/11/2009	Club Championships 2009	
Jack McIntyre (15) M					
31.39 S	F	50 Free	24/11/2009	Club Championships 2009	
31.39 S	F	50 Free	24/11/2009	Club Championships 2009	
1:08.10 S	F	100 Free	24/11/2009	Club Championships 2009	
1:08.10 S	F	100 Free	24/11/2009	Club Championships 2009	
2:29.01 S	F	200 Free	24/11/2009	Club Championships 2009	
2:29.01 S	F	200 Free	24/11/2009	Club Championships 2009	
36.77 S	F	50 Back	24/11/2009	Club Championships 2009	
36.77 S	F	50 Back	24/11/2009	Club Championships 2009	
1:17.63 S	F	100 Back	24/11/2009	Club Championships 2009	
1:17.63 S	F	100 Back	24/11/2009	Club Championships 2009	
2:47.52 S	F	200 Back	24/11/2009	Club Championships 2009	
2:47.52 S	F	200 Back	24/11/2009	Club Championships 2009	
39.96 S	F	50 Breast	24/11/2009	Club Championships 2009	
39.96 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:27.76 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:27.76 S	F	100 Breast	24/11/2009	Club Championships 2009	
3:08.70 S	F	200 Breast	24/11/2009	Club Championships 2009	
3:08.70 S	F	200 Breast	24/11/2009	Club Championships 2009	
35.97 S	P	50 Fly	26/09/2009	Bishops Stortford Autumn Open Meet	
1:17.87 S	F	100 IM	24/11/2009	Club Championships 2009	
1:17.87 S	F	100 IM	24/11/2009	Club Championships 2009	
2:48.46 S	P	200 IM	26/09/2009	Bishops Stortford Autumn Open Meet	
Ryan Mogford (10) M					

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Time	P/F/S	Event		
Ryan Mogford (10) M				
2:17.49 S	T	100 Breast	14/03/2010	CSC Time Trial
Evangeline Moir-Smith (11) F				
30.30 S S	F	50 Free	02/04/2010	Norwich Open Easter Meet
1:09.07 S	F	100 Free	27/03/2010	Essex Age Group Championships - Block D
2:29.89 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
5:31.17 S	F	400 Free	24/11/2009	Club Championships 2009
11:24.02 S	F	800 Free	24/11/2009	Club Championships 2009
22:31.49 S	F	1500 Free	24/11/2009	Club Championships 2009
35.32 S	P	50 Back	27/06/2010	JSL M11 League - Gala 3
1:14.52 S	F	100 Back	13/02/2010	Essex Age Group Championships - Block B
2:40.63 S	F	200 Back	06/03/2010	Essex Age Group Championships - Block C
49.47 S	F	50 Breast	24/11/2009	Club Championships 2009
1:43.03 S	F	100 Breast	24/11/2009	Club Championships 2009
1:43.03 S	F	100 Breast	24/11/2009	Club Championships 2009
3:44.40 S	F	200 Breast	24/11/2009	Club Championships 2009
3:44.40 S	F	200 Breast	24/11/2009	Club Championships 2009
35.44 S	F	50 Fly	25/04/2010	JSL M11 League - Gala 1
1:19.13 S	F	100 Fly	27/03/2010	Essex Age Group Championships - Block D
3:18.70 S	F	200 Fly	24/11/2009	Club Championships 2009
3:18.70 S	F	200 Fly	24/11/2009	Club Championships 2009
1:21.05 S	F	100 IM	13/02/2010	Essex Age Group Championships - Block B
2:58.60 S	F	200 IM	22/05/2010	Bracknell Open Level 1
6:06.74 S	F	400 IM	27/03/2010	Essex Age Group Championships - Block D
Robert Moss (9) M				
51.31 S	F	50 Free	28/02/2010	CSC Time Trial
1:47.55 S	T	100 Free	29/03/2010	CSC Time Trial
3:58.89 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
53.20 S	T	50 Back	19/04/2010	CSC Time Trial
4:21.72 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010
2:05.22 S	T	100 IM	26/04/2010	CSC Time Trial
Lucy Neal (12) F				
38.41 S	F	50 Free	24/11/2009	Club Championships 2009
38.41 S	F	50 Free	24/11/2009	Club Championships 2009
1:14.71 S	P	100 Free	11/07/2010	Ipswich Summer Sprints
40.26 S	P	50 Back	11/07/2010	Ipswich Summer Sprints
3:05.28 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010
41.79 S	F	50 Breast	04/07/2010	Braintree Summer Sprints
1:31.69 S	P	100 Breast	11/07/2010	Ipswich Summer Sprints
3:16.89 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010
55.47 S	F	50 Fly	01/11/2009	CSC Time Trial
1:25.13 S	F	100 IM	04/07/2010	Braintree Summer Sprints
Liam Nicholson (10) M				
35.13 S	P	50 Free	11/07/2010	Ipswich Summer Sprints
1:18.74 S	P	100 Free	11/07/2010	Ipswich Summer Sprints
2:46.44 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
6:16.45 S	F	400 Free	24/11/2009	Club Championships 2009
13:29.90 S	F	800 Free	24/11/2009	Club Championships 2009
42.15 S	P	50 Back	04/07/2010	Braintree Summer Sprints
1:34.55 S	F	100 Back	24/11/2009	Club Championships 2009
3:09.85 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010
43.85 S	F	50 Breast	29/05/2010	Colchester Open Meet
1:35.44 S	P	100 Breast	11/07/2010	Ipswich Summer Sprints
3:14.70 S	F	200 Breast	05/06/2010	ASA East Region BAGCAT Championships
43.46 S	P	50 Fly	04/07/2010	Braintree Summer Sprints
2:08.53 S	F	100 Fly	24/11/2009	Club Championships 2009
1:26.87 S	F	100 IM	29/05/2010	Colchester Open Meet
3:11.28 S	F	200 IM	18/04/2010	HALSTEAD OPEN
7:15.38 S	F	400 IM	24/11/2009	Club Championships 2009
Georgia Olley (9) F				
40.00 S	P	50 Free	04/07/2010	Braintree Summer Sprints
1:34.33 S	F	100 Free	21/02/2010	CSC Timt Trial
3:13.95 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010

Individual Top Times

Times since: 01-Sep-09

Convert To: SC Print: SC

Time	P/F/S	Event			
Georgia Olley (9) F					
44.42 S	P	50 Back	23/01/2010	Essex Age Group Championships - Block A	
1:36.83 S	F	100 Back	24/11/2009	Club Championships 2009	
3:13.62 S	F	200 Back	13/02/2010	Essex Age Group Championships - Block B	
48.92 S	P	50 Breast	04/07/2010	Braintree Summer Sprints	
1:50.88 S	T	100 Breast	14/03/2010	CSC Time Trial	
3:39.87 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010	
49.96 S	P	50 Fly	04/07/2010	Braintree Summer Sprints	
1:36.83 S	F	100 IM	13/02/2010	Essex Age Group Championships - Block B	
3:28.64 S	F	200 IM	18/04/2010	HALSTEAD OPEN	
Zak Olley (7) M					
59.74 S	F	50 Free	28/02/2010	CSC Time Trial	
2:07.64 S	T	100 Free	29/03/2010	CSC Time Trial	
3:46.90 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
57.51 S	T	50 Back	19/04/2010	CSC Time Trial	
1:05.63 S	T	50 Breast	07/03/2010	CSC Time Trial	
2:18.58 S	T	100 Breast	14/03/2010	CSC Time Trial	
4:19.13 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010	
2:18.79 S	T	100 IM	26/04/2010	CSC Time Trial	
Naki Osmond (15) M					
32.33 S	F	50 Free	18/04/2010	HALSTEAD OPEN	
1:09.31 S	F	100 Free	29/05/2010	Colchester Open Meet	
40.40 S	F	50 Back	24/11/2009	Club Championships 2009	
40.40 S	F	50 Back	24/11/2009	Club Championships 2009	
40.96 S	F	50 Breast	18/04/2010	HALSTEAD OPEN	
1:26.24 S	F	100 Breast	29/05/2010	Colchester Open Meet	
38.27 S	F	50 Fly	18/04/2010	HALSTEAD OPEN	
1:42.75 S	F	100 Fly	18/04/2010	HALSTEAD OPEN	
1:19.26 S	F	100 IM	29/05/2010	Colchester Open Meet	
Daniel Paddon (12) M					
32.15 S	P	50 Free	23/05/2010	JSL M11 League - Gala 2	
1:11.57 S	F	100 Free	18/04/2010	HALSTEAD OPEN	
38.06 S	F	50 Back	29/05/2010	Colchester Open Meet	
1:21.82 S	F	100 Back	24/11/2009	Club Championships 2009	
1:21.82 S	F	100 Back	24/11/2009	Club Championships 2009	
48.23 S	P	50 Breast	26/09/2009	Bishops Stortford Autumn Open Meet	
34.92 S	P	50 Fly	04/07/2010	Braintree Summer Sprints	
3:03.54 S	F	200 Fly	24/11/2009	Club Championships 2009	
3:03.54 S	F	200 Fly	24/11/2009	Club Championships 2009	
1:23.27 S	F	100 IM	29/05/2010	Colchester Open Meet	
3:08.66 S	F	200 IM	24/11/2009	Club Championships 2009	
3:08.66 S	F	200 IM	24/11/2009	Club Championships 2009	
Sebastian Pappararo (12) M					
36.12 S	F	50 Free	18/04/2010	HALSTEAD OPEN	
1:21.22 S	F	100 Free	18/04/2010	HALSTEAD OPEN	
2:56.98 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
43.12 S	T	50 Back	19/04/2010	CSC Time Trial	
53.99 S	T	50 Breast	07/03/2010	CSC Time Trial	
2:04.59 S	T	100 Breast	14/03/2010	CSC Time Trial	
40.95 S	F	50 Fly	18/04/2010	HALSTEAD OPEN	
4:14.49 S	T	200 Fly	25/07/2010	Time Trial 200m - 25th July 2010	
1:34.60 S	T	100 IM	26/04/2010	CSC Time Trial	
Oliver Parsons (10) M					
41.95 S	F	50 Free	28/02/2010	CSC Time Trial	
1:34.47 S	T	100 Free	29/03/2010	CSC Time Trial	
3:26.46 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
52.32 S	F	50 Back	18/10/2009	CSC Time Trial	
3:41.43 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010	
55.34 S	F	50 Breast	18/04/2010	HALSTEAD OPEN	
2:13.22 S	F	100 Breast	15/11/2009	CSC Time Trial	
50.00 S	F	50 Fly	18/04/2010	HALSTEAD OPEN	
1:45.69 S	T	100 IM	26/04/2010	CSC Time Trial	
Maisie Pearson (9) F					

Individual Top Times

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Convert To: SC Print: SC

Time	P/F/S	Event			
Maisie Pearson (9) F					
53.09 S	F	50 Free	28/02/2010	CSC Time Trial	
1:55.69 S	F	100 Free	21/02/2010	CSC Timt Trial	
56.95 S	T	50 Back	19/04/2010	CSC Time Trial	
2:07.00 S	T	100 IM	26/04/2010	CSC Time Trial	
Charlotte Peters (16) F					
30.91 S	P	50 Free	23/01/2010	Essex Age Group Championships - Block A	
1:07.29 S	F	100 Free	24/11/2009	Club Championships 2009	
1:07.29 S	F	100 Free	24/11/2009	Club Championships 2009	
4:57.82 S	F	400 Free	24/11/2009	Club Championships 2009	
34.52 S	P	50 Back	21/11/2009	Essex Championships & Special Relays Weekend	
1:13.06 S	F	100 Back	06/03/2010	Essex Age Group Championships - Block C	
2:35.57 S	F	200 Back	06/03/2010	Essex Age Group Championships - Block C	
41.84 S	F	50 Breast	24/11/2009	Club Championships 2009	
41.84 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:28.74 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:28.74 S	F	100 Breast	24/11/2009	Club Championships 2009	
3:11.33 S	F	200 Breast	24/11/2009	Club Championships 2009	
3:11.33 S	F	200 Breast	24/11/2009	Club Championships 2009	
38.11 S	F	50 Fly	24/11/2009	Club Championships 2009	
38.11 S	F	50 Fly	24/11/2009	Club Championships 2009	
1:27.86 S	F	100 Fly	24/11/2009	Club Championships 2009	
1:27.86 S	F	100 Fly	24/11/2009	Club Championships 2009	
1:17.13 S	F	100 IM	24/11/2009	Club Championships 2009	
1:17.13 S	F	100 IM	24/11/2009	Club Championships 2009	
2:45.87 S	F	200 IM	24/11/2009	Club Championships 2009	
2:45.87 S	F	200 IM	24/11/2009	Club Championships 2009	
5:53.43 S	F	400 IM	24/11/2009	Club Championships 2009	
Emily Pilling (9) F					
3:59.03 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
4:00.18 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010	
George Pitt (15) M					
28.63 S	F	50 Free	24/11/2009	Club Championships 2009	
28.63 S	F	50 Free	24/11/2009	Club Championships 2009	
1:00.58 S	F	100 Free	20/03/2010	Essex Legue Gala 3	
2:16.07 S	F	200 Free	24/11/2009	Club Championships 2009	
2:16.07 S	F	200 Free	24/11/2009	Club Championships 2009	
4:41.74 S	F	400 Free	24/11/2009	Club Championships 2009	
32.89 S	F	50 Back	24/11/2009	Club Championships 2009	
32.89 S	F	50 Back	24/11/2009	Club Championships 2009	
1:10.84 S	F	100 Back	24/11/2009	Club Championships 2009	
1:10.84 S	F	100 Back	24/11/2009	Club Championships 2009	
2:32.70 S	F	200 Back	24/11/2009	Club Championships 2009	
2:32.70 S	F	200 Back	24/11/2009	Club Championships 2009	
38.83 S	F	50 Breast	24/11/2009	Club Championships 2009	
38.83 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:21.28 S	F	100 Breast	16/01/2010	Essex League Gala 2	
34.38 S	F	50 Fly	24/11/2009	Club Championships 2009	
34.38 S	F	50 Fly	24/11/2009	Club Championships 2009	
1:12.22 S	F	100 IM	24/11/2009	Club Championships 2009	
1:12.22 S	F	100 IM	24/11/2009	Club Championships 2009	
2:42.42 S	F	200 IM	24/11/2009	Club Championships 2009	
2:42.42 S	F	200 IM	24/11/2009	Club Championships 2009	
5:20.50 S	F	400 IM	24/11/2009	Club Championships 2009	
Harriet Pitt (17) F					
31.15 S	F	50 Free	24/11/2009	Club Championships 2009	
31.15 S	F	50 Free	24/11/2009	Club Championships 2009	
1:05.67 S	P	100 Free	10/10/2009	National League Gala - 1st Leg	
2:24.92 S	F	200 Free	24/11/2009	Club Championships 2009	
2:24.92 S	F	200 Free	24/11/2009	Club Championships 2009	
1:14.71 S	P	100 Back	14/11/2009	National League Gala - 2nd Leg	
2:39.28 S	F	200 Back	24/11/2009	Club Championships 2009	
2:39.28 S	F	200 Back	24/11/2009	Club Championships 2009	

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Time	P/F/S	Event		
Joe Pitt (12) M				
35.28 S	F	50 Free	24/11/2009	Club Championships 2009
35.28 S	F	50 Free	24/11/2009	Club Championships 2009
1:16.08 S	F	100 Free	24/11/2009	Club Championships 2009
1:16.08 S	F	100 Free	24/11/2009	Club Championships 2009
2:45.72 S	F	200 Free	24/11/2009	Club Championships 2009
2:45.72 S	F	200 Free	24/11/2009	Club Championships 2009
5:39.13 S	F	400 Free	24/11/2009	Club Championships 2009
38.82 S	P	50 Back	27/06/2010	JSL M11 League - Gala 3
1:23.24 S	F	100 Back	24/11/2009	Club Championships 2009
1:23.24 S	F	100 Back	24/11/2009	Club Championships 2009
2:56.34 S	F	200 Back	24/11/2009	Club Championships 2009
2:56.34 S	F	200 Back	24/11/2009	Club Championships 2009
49.57 S	F	50 Breast	24/11/2009	Club Championships 2009
49.57 S	F	50 Breast	24/11/2009	Club Championships 2009
44.21 S	F	50 Fly	24/11/2009	Club Championships 2009
44.21 S	F	50 Fly	24/11/2009	Club Championships 2009
1:30.70 S	F	100 IM	24/11/2009	Club Championships 2009
1:30.70 S	F	100 IM	24/11/2009	Club Championships 2009
3:10.15 S	F	200 IM	24/11/2009	Club Championships 2009
3:10.15 S	F	200 IM	24/11/2009	Club Championships 2009
Alexandra Rae (11) F				
36.62 S	F	50 Free	18/04/2010	HALSTEAD OPEN
1:18.91 S	P	100 Free	11/07/2010	Ipswich Summer Sprints
3:08.92 S	F	200 Free	24/11/2009	Club Championships 2009
3:08.92 S	F	200 Free	24/11/2009	Club Championships 2009
41.75 S	F	50 Back	18/04/2010	HALSTEAD OPEN
1:27.49 S	P	100 Back	11/07/2010	Ipswich Summer Sprints
52.20 S	F	50 Breast	29/05/2010	Colchester Open Meet
1:53.38 S	T	100 Breast	14/03/2010	CSC Time Trial
4:11.41 S	F	200 Breast	24/11/2009	Club Championships 2009
4:11.41 S	F	200 Breast	24/11/2009	Club Championships 2009
43.29 S	F	50 Fly	29/05/2010	Colchester Open Meet
1:59.78 S	F	100 Fly	24/11/2009	Club Championships 2009
1:59.78 S	F	100 Fly	24/11/2009	Club Championships 2009
1:30.44 S	F	100 IM	29/05/2010	Colchester Open Meet
3:39.16 S	F	200 IM	24/11/2009	Club Championships 2009
3:39.16 S	F	200 IM	24/11/2009	Club Championships 2009
Arran Rae (14) M				
31.49 S	P	50 Free	26/09/2009	Bishops Stortford Autumn Open Meet
1:07.74 S	F	100 Free	24/11/2009	Club Championships 2009
1:07.74 S	F	100 Free	24/11/2009	Club Championships 2009
2:28.86 S	F	200 Free	24/11/2009	Club Championships 2009
2:28.86 S	F	200 Free	24/11/2009	Club Championships 2009
5:01.05 S	F	400 Free	24/11/2009	Club Championships 2009
10:18.14 S	F	800 Free	24/11/2009	Club Championships 2009
20:17.12 S	F	1500 Free	24/11/2009	Club Championships 2009
36.57 S	F	50 Back	18/04/2010	HALSTEAD OPEN
1:15.96 S	F	100 Back	20/03/2010	Essex Legue Gala 3
2:51.39 S	F	200 Back	24/11/2009	Club Championships 2009
2:51.39 S	F	200 Back	24/11/2009	Club Championships 2009
44.03 S	F	50 Breast	24/11/2009	Club Championships 2009
44.03 S	F	50 Breast	24/11/2009	Club Championships 2009
1:33.14 S	P	100 Breast	26/09/2009	Bishops Stortford Autumn Open Meet
3:17.20 S	F	200 Breast	24/11/2009	Club Championships 2009
3:17.20 S	F	200 Breast	24/11/2009	Club Championships 2009
39.24 S	F	50 Fly	24/11/2009	Club Championships 2009
39.24 S	F	50 Fly	24/11/2009	Club Championships 2009
1:19.78 S	F	100 IM	18/04/2010	HALSTEAD OPEN
2:45.62 S	F	200 IM	18/04/2010	HALSTEAD OPEN
Millie Ratcliff (9) F				
40.08 S	P	50 Free	11/07/2010	Ipswich Summer Sprints
1:32.38 S	F	100 Free	21/02/2010	CSC Timt Trial

Individual Top Times

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Convert To: SC Print: SC

Time	P/F/S	Event		
Millie Ratcliff (9) F				
3:17.03 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
44.30 S	F	50 Back	04/07/2010	Braintree Summer Sprints
3:19.23 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010
52.25 S	P	50 Breast	04/07/2010	Braintree Summer Sprints
1:52.53 S	T	100 Breast	14/03/2010	CSC Time Trial
53.73 S	P	50 Fly	11/07/2010	Ipswich Summer Sprints
1:41.02 S	F	100 IM	04/07/2010	Braintree Summer Sprints
3:35.85 S	F	200 IM	18/04/2010	HALSTEAD OPEN
Evan Rex (10) M				
1:03.55 S	T	50 Back	19/04/2010	CSC Time Trial
2:04.22 S	T	100 IM	26/04/2010	CSC Time Trial
Brandan Ridd (13) M				
32.91 S	F	50 Free	29/05/2010	Colchester Open Meet
1:13.83 S	F	100 Free	24/11/2009	Club Championships 2009
1:13.83 S	F	100 Free	24/11/2009	Club Championships 2009
2:43.27 S	F	200 Free	24/11/2009	Club Championships 2009
2:43.27 S	F	200 Free	24/11/2009	Club Championships 2009
42.13 S	F	50 Back	24/11/2009	Club Championships 2009
42.13 S	F	50 Back	24/11/2009	Club Championships 2009
1:30.55 S	F	100 Back	24/11/2009	Club Championships 2009
1:30.55 S	F	100 Back	24/11/2009	Club Championships 2009
3:20.03 S	F	200 Back	24/11/2009	Club Championships 2009
3:20.03 S	F	200 Back	24/11/2009	Club Championships 2009
44.78 S	F	50 Breast	24/11/2009	Club Championships 2009
44.78 S	F	50 Breast	24/11/2009	Club Championships 2009
1:36.67 S	F	100 Breast	24/11/2009	Club Championships 2009
1:36.67 S	F	100 Breast	24/11/2009	Club Championships 2009
3:22.07 S	F	200 Breast	24/11/2009	Club Championships 2009
3:22.07 S	F	200 Breast	24/11/2009	Club Championships 2009
38.47 S	F	50 Fly	29/05/2010	Colchester Open Meet
1:22.35 S	F	100 IM	29/05/2010	Colchester Open Meet
3:10.30 S	F	200 IM	24/11/2009	Club Championships 2009
3:10.30 S	F	200 IM	24/11/2009	Club Championships 2009
Connar Ridd (13) M				
36.07 S	F	50 Free	29/05/2010	Colchester Open Meet
1:20.44 S	F	100 Free	24/11/2009	Club Championships 2009
1:20.44 S	F	100 Free	24/11/2009	Club Championships 2009
3:01.15 S	F	200 Free	24/11/2009	Club Championships 2009
3:01.15 S	F	200 Free	24/11/2009	Club Championships 2009
41.63 S	F	50 Back	24/11/2009	Club Championships 2009
41.63 S	F	50 Back	24/11/2009	Club Championships 2009
1:29.66 S	F	100 Back	24/11/2009	Club Championships 2009
1:29.66 S	F	100 Back	24/11/2009	Club Championships 2009
3:14.83 S	F	200 Back	24/11/2009	Club Championships 2009
3:14.83 S	F	200 Back	24/11/2009	Club Championships 2009
50.28 S	F	50 Breast	24/11/2009	Club Championships 2009
50.28 S	F	50 Breast	24/11/2009	Club Championships 2009
1:44.59 S	F	100 Breast	24/11/2009	Club Championships 2009
1:44.59 S	F	100 Breast	24/11/2009	Club Championships 2009
3:44.15 S	F	200 Breast	24/11/2009	Club Championships 2009
3:44.15 S	F	200 Breast	24/11/2009	Club Championships 2009
41.97 S	F	50 Fly	29/05/2010	Colchester Open Meet
1:32.46 S	F	100 IM	29/05/2010	Colchester Open Meet
3:18.71 S	F	200 IM	24/11/2009	Club Championships 2009
3:18.71 S	F	200 IM	24/11/2009	Club Championships 2009
Alice Rockliff (9) F				
46.20 S	P	50 Free	04/07/2010	Braintree Summer Sprints
1:50.19 S	F	100 Free	24/11/2009	Club Championships 2009
3:55.49 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010
59.15 S	F	50 Back	24/11/2009	Club Championships 2009
4:21.33 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010
1:19.00 S	F	50 Breast	24/11/2009	Club Championships 2009

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Time	P/F/S	Event			
Alice Rockliff (9) F					
2:50.15 S	T	100 Breast	14/03/2010	CSC Time Trial	
2:21.74 S	T	100 IM	26/04/2010	CSC Time Trial	
Katie Rockliff (12) F					
32.40 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	
1:12.26 S	P	100 Free	11/07/2010	Ipswich Summer Sprints	
2:41.00 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
41.27 S	P	50 Back	04/07/2010	Braintree Summer Sprints	
1:31.97 S	F	100 Back	18/04/2010	HALSTEAD OPEN	
40.99 S	P	50 Breast	27/06/2010	JSL M11 League - Gala 3	
1:29.75 S	P	100 Breast	11/07/2010	Ipswich Summer Sprints	
3:17.19 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010	
38.77 S	P	50 Fly	11/07/2010	Ipswich Summer Sprints	
1:22.31 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
Ben Roots (15) M					
26.80 S	F	50 Free	01/05/2010	ASA East Region Youth Championships	
57.88 S	P	100 Free	21/11/2009	Essex Championships & Special Relays Weekend	
2:10.33 S	F	200 Free	24/11/2009	Club Championships 2009	
2:10.33 S	F	200 Free	24/11/2009	Club Championships 2009	
4:37.30 S	F	400 Free	24/11/2009	Club Championships 2009	
32.00 S	P	50 Back	23/01/2010	Essex Age Group Championships - Block A	
1:07.75 S	F	100 Back	16/01/2010	Essex League Gala 2	
2:25.45 S	F	200 Back	24/11/2009	Club Championships 2009	
2:25.45 S	F	200 Back	24/11/2009	Club Championships 2009	
35.98 S	F	50 Breast	24/11/2009	Club Championships 2009	
35.98 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:18.82 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:18.82 S	F	100 Breast	24/11/2009	Club Championships 2009	
28.50 S	F	50 Fly	01/05/2010	ASA East Region Youth Championships	
1:04.36 S	P	100 Fly	10/10/2009	National League Gala - 1st Leg	
1:06.53 S	P	100 IM	27/03/2010	Essex Age Group Championships - Block D	
2:34.82 S	F	200 IM	24/11/2009	Club Championships 2009	
2:34.82 S	F	200 IM	24/11/2009	Club Championships 2009	
5:12.91 S	F	400 IM	24/11/2009	Club Championships 2009	
Courtney Sanders (12) F					
29.15 S	P	50 Free	27/06/2010	JSL M11 League - Gala 3	
1:02.40 S	F	100 Free	22/05/2010	Bracknell Open Level 1	
2:14.20 S	F	200 Free	22/05/2010	Bracknell Open Level 1	
4:44.57 S	F	400 Free	13/02/2010	Essex Age Group Championships - Block B	
9:46.12 S	F	800 Free	13/02/2010	Essex Age Group Championships - Block B	
18:51.78 S	F	1500 Free	06/03/2010	Essex Age Group Championships - Block C	
33.73 S	F	50 Back	23/01/2010	Essex Age Group Championships - Block A	
1:10.96 S	F	100 Back	13/02/2010	Essex Age Group Championships - Block B	
2:30.25 S	F	200 Back	06/03/2010	Essex Age Group Championships - Block C	
40.95 S	P	50 Breast	23/01/2010	Essex Age Group Championships - Block A	
1:26.98 S	P	100 Breast	10/10/2009	National League Gala - 1st Leg	
3:07.20 S	F	200 Breast	24/11/2009	Club Championships 2009	
3:07.20 S	F	200 Breast	24/11/2009	Club Championships 2009	
33.23 S	F	50 Fly	23/01/2010	Essex Age Group Championships - Block A	
1:13.71 S	F	100 Fly	27/03/2010	Essex Age Group Championships - Block D	
2:56.52 S	F	200 Fly	24/11/2009	Club Championships 2009	
2:56.52 S	F	200 Fly	24/11/2009	Club Championships 2009	
1:12.21 S	F	100 IM	13/02/2010	Essex Age Group Championships - Block B	
2:33.50 S	F	200 IM	05/06/2010	ASA East Region BAGCAT Championships	
5:31.36 S	F	400 IM	27/03/2010	Essex Age Group Championships - Block D	
Emily Smith (10) F					
44.79 S	P	50 Free	04/07/2010	Braintree Summer Sprints	
1:51.25 S	F	100 Free	11/10/2009	CSC Time Trial	
3:49.04 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
52.69 S	F	50 Back	29/05/2010	Colchester Open Meet	
4:01.19 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010	
1:01.42 S	P	50 Breast	04/07/2010	Braintree Summer Sprints	
2:27.31 S	F	100 Breast	15/11/2009	CSC Time Trial	

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Time	P/F/S	Event			
Emily Smith (10) F					
1:07.04 S	F	50 Fly	24/11/2009	Club Championships 2009	
1:07.04 S	F	50 Fly	24/11/2009	Club Championships 2009	
Rebecca Smith (13) F					
33.37 S	F	50 Free	29/05/2010	Colchester Open Meet	
1:18.90 S	F	100 Free	21/02/2010	CSC Timt Trial	
2:45.42 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
40.09 S	F	50 Back	29/05/2010	Colchester Open Meet	
3:13.92 S	T	200 Back	25/07/2010	Time Trial 200m - 25th July 2010	
45.42 S	P	50 Breast	04/07/2010	Braintree Summer Sprints	
1:41.94 S	T	100 Breast	14/03/2010	CSC Time Trial	
43.46 S	F	50 Fly	24/11/2009	Club Championships 2009	
43.46 S	F	50 Fly	24/11/2009	Club Championships 2009	
1:34.79 S	F	100 IM	24/11/2009	Club Championships 2009	
1:34.79 S	F	100 IM	24/11/2009	Club Championships 2009	
Daniel Sorrell (15) M					
26.82 S	F	50 Free	23/01/2010	Essex Age Group Championships - Block A	
56.90 S	P	100 Free	29/01/2010	Euro 2010	
2:01.88 S	F	200 Free	24/11/2009	Club Championships 2009	
2:01.88 S	F	200 Free	24/11/2009	Club Championships 2009	
4:14.05 S	F	400 Free	06/03/2010	Essex Age Group Championships - Block C	
8:32.71 S	F	800 Free	13/02/2010	Essex Age Group Championships - Block B	
16:23.16 S	F	1500 Free	06/03/2010	Essex Age Group Championships - Block C	
31.75 S	P	50 Back	23/01/2010	Essex Age Group Championships - Block A	
1:05.57 S	P	100 Back	21/11/2009	Essex Championships & Special Relays Weekend	
2:17.51 S	P	200 Back	21/11/2009	Essex Championships & Special Relays Weekend	
35.28 S	F	50 Breast	24/11/2009	Club Championships 2009	
35.28 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:15.68 S	F	100 Breast	06/03/2010	Essex Age Group Championships - Block C	
2:47.53 S	F	200 Breast	13/02/2010	Essex Age Group Championships - Block B	
30.62 S	P	50 Fly	23/01/2010	Essex Age Group Championships - Block A	
1:09.85 S	F	100 Fly	24/11/2009	Club Championships 2009	
1:09.85 S	F	100 Fly	24/11/2009	Club Championships 2009	
1:05.82 S	F	100 IM	24/11/2009	Club Championships 2009	
1:05.82 S	F	100 IM	24/11/2009	Club Championships 2009	
2:19.65 S	P	200 IM	21/11/2009	Essex Championships & Special Relays Weekend	
4:50.26 S	F	400 IM	06/03/2010	Essex Age Group Championships - Block C	
Gabriel Summers (11) M					
43.39 S	F	50 Free	28/02/2010	CSC Time Trial	
1:35.20 S	F	100 Free	21/02/2010	CSC Timt Trial	
3:28.97 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
49.44 S	T	50 Back	07/03/2010	CSC Time Trial	
50.01 S	F	50 Breast	29/05/2010	Colchester Open Meet	
1:52.21 S	T	100 Breast	14/03/2010	CSC Time Trial	
4:06.09 S	T	200 Breast	25/07/2010	Time Trial 200m - 25th July 2010	
1:01.83 S	F	50 Fly	28/02/2010	CSC Time Trial	
1:49.49 S	F	100 IM	29/05/2010	Colchester Open Meet	
Georgia Tawn (9) F					
52.30 S	F	50 Free	28/02/2010	CSC Time Trial	
1:53.85 S	F	100 Free	21/02/2010	CSC Timt Trial	
54.71 S	T	50 Back	07/03/2010	CSC Time Trial	
1:11.49 S	T	50 Breast	07/03/2010	CSC Time Trial	
2:30.13 S	T	100 Breast	14/03/2010	CSC Time Trial	
Owen Thomas (11) M					
37.74 S	P	50 Free	27/06/2010	JSL M11 League - Gala 3	
1:28.69 S	F	100 Free	24/11/2009	Club Championships 2009	
3:06.01 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
46.55 S	T	50 Back	07/03/2010	CSC Time Trial	
1:40.21 S	F	100 Back	24/11/2009	Club Championships 2009	
53.27 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:48.20 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:48.20 S	F	100 Breast	24/11/2009	Club Championships 2009	
3:51.37 S	F	200 Breast	24/11/2009	Club Championships 2009	

Individual Top Times

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Time	P/F/S	Event			
Owen Thomas (11) M					
3:51.37 S	F	200 Breast	24/11/2009	Club Championships 2009	
44.56 S	F	50 Fly	25/04/2010	JSL M11 League - Gala 1	
1:50.75 S	F	100 Fly	24/11/2009	Club Championships 2009	
1:37.91 S	F	100 IM	24/11/2009	Club Championships 2009	
1:37.91 S	F	100 IM	24/11/2009	Club Championships 2009	
3:29.00 S	F	200 IM	24/11/2009	Club Championships 2009	
Holly Thompson (9) F					
36.29 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	
1:31.81 S	F	100 Free	21/02/2010	CSC Timt Trial	
2:57.91 S	T	200 Free	25/07/2010	Time Trial 200m - 25th July 2010	
40.87 S	P	50 Back	11/07/2010	Ipswich Summer Sprints	
1:35.56 S	F	100 Back	24/11/2009	Club Championships 2009	
3:14.07 S	F	200 Back	13/02/2010	Essex Age Group Championships - Block B	
45.88 S	F	50 Breast	04/07/2010	Braintree Summer Sprints	
1:45.74 S	F	100 Breast	24/11/2009	Club Championships 2009	
1:45.74 S	F	100 Breast	24/11/2009	Club Championships 2009	
3:39.79 S	F	200 Breast	06/03/2010	Essex Age Group Championships - Block C	
45.94 S	P	50 Fly	04/07/2010	Braintree Summer Sprints	
1:30.23 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
3:22.56 S	T	200 IM	25/07/2010	Time Trial 200m - 25th July 2010	
Hannah Travell (14) F					
29.63 S	F	50 Free	04/07/2010	Braintree Summer Sprints	
1:02.67 S	F	100 Free	01/01/2010	Hannah Travell's Times	
1:02.67 S	F	100 Free	27/03/2010	Essex Age Group Championships - Block D	
2:19.04 S	F	200 Free	01/01/2010	Hannah Travell's Times	
4:52.08 S	F	400 Free	01/01/2010	Hannah Travell's Times	
10:06.26 S	F	800 Free	01/01/2010	Hannah Travell's Times	
18:58.67 S	F	1500 Free	01/01/2010	Hannah Travell's Times	
33.25 S	F	50 Back	23/01/2010	Essex Age Group Championships - Block A	
33.25 S	F	50 Back	01/01/2010	Hannah Travell's Times	
1:11.61 S	F	100 Back	13/02/2010	Essex Age Group Championships - Block B	
1:11.61 S	F	100 Back	01/01/2010	Hannah Travell's Times	
2:33.56 S	F	200 Back	01/01/2010	Hannah Travell's Times	
2:33.56 S	F	200 Back	06/03/2010	Essex Age Group Championships - Block C	
38.74 S	P	50 Breast	04/07/2010	Braintree Summer Sprints	
1:24.92 S	F	100 Breast	01/01/2010	Hannah Travell's Times	
3:02.30 S	F	200 Breast	01/01/2010	Hannah Travell's Times	
32.95 S	P	50 Fly	04/07/2010	Braintree Summer Sprints	
1:14.50 S	F	100 Fly	01/01/2010	Hannah Travell's Times	
2:41.74 S	F	200 Fly	01/01/2010	Hannah Travell's Times	
1:12.14 S	F	100 IM	04/07/2010	Braintree Summer Sprints	
2:34.85 S	F	200 IM	01/01/2010	Hannah Travell's Times	
5:28.80 S	F	400 IM	27/03/2010	Essex Age Group Championships - Block D	
5:28.80 S	F	400 IM	01/01/2010	Hannah Travell's Times	
Augustus Veasey (13) M					
29.35 S	P	50 Free	11/07/2010	Ipswich Summer Sprints	
1:02.47 S	P	100 Free	11/07/2010	Ipswich Summer Sprints	
2:15.40 S S	F	200 Free	05/06/2010	ASA East Region BAGCAT Championships	
4:36.87 S	F	400 Free	27/03/2010	Essex Age Group Championships - Block D	
9:32.92 S	F	800 Free	13/02/2010	Essex Age Group Championships - Block B	
18:28.06 S	F	1500 Free	06/03/2010	Essex Age Group Championships - Block C	
33.09 S	P	50 Back	11/07/2010	Ipswich Summer Sprints	
1:10.00 S	P	100 Back	11/07/2010	Ipswich Summer Sprints	
2:32.39 S	F	200 Back	13/02/2010	Essex Age Group Championships - Block B	
36.24 S	P	50 Breast	11/07/2010	Ipswich Summer Sprints	
1:17.59 S	P	100 Breast	11/07/2010	Ipswich Summer Sprints	
2:46.13 S	F	200 Breast	27/03/2010	Essex Age Group Championships - Block D	
33.38 S	P	50 Fly	11/07/2010	Ipswich Summer Sprints	
1:15.57 S	P	100 Fly	11/07/2010	Ipswich Summer Sprints	
1:11.18 S	P	100 IM	11/07/2010	Ipswich Summer Sprints	
2:29.10 S S	P	200 IM	05/06/2010	ASA East Region BAGCAT Championships	
5:13.50 S	F	400 IM	22/05/2010	Bracknell Open Level 1	

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Time	P/F/S	Event			
Phoebe Wickham (10) F					
2:08.84 S	T	100 Breast	14/03/2010	CSC Time Trial	
James Winter (14) M					
1:05.63 S	P	100 Free	10/10/2009	National League Gala - 1st Leg	
1:13.14 S	P	100 Back	10/10/2009	National League Gala - 1st Leg	
2:43.68 S	F	200 Fly	24/11/2009	Club Championships 2009	
2:43.68 S	F	200 Fly	24/11/2009	Club Championships 2009	
Craig Woodcock (16) M					
29.35 S	F	50 Free	24/11/2009	Club Championships 2009	
29.35 S	F	50 Free	24/11/2009	Club Championships 2009	
1:01.97 S	F	100 Free	24/11/2009	Club Championships 2009	
1:01.97 S	F	100 Free	24/11/2009	Club Championships 2009	
2:11.36 S	F	200 Free	24/11/2009	Club Championships 2009	
2:11.36 S	F	200 Free	24/11/2009	Club Championships 2009	
4:34.01 S	F	400 Free	24/11/2009	Club Championships 2009	
18:22.38 S	F	1500 Free	24/11/2009	Club Championships 2009	
35.86 S	F	50 Back	24/11/2009	Club Championships 2009	
35.86 S	F	50 Back	24/11/2009	Club Championships 2009	
1:15.68 S	F	100 Back	24/11/2009	Club Championships 2009	
1:15.68 S	F	100 Back	24/11/2009	Club Championships 2009	
2:39.91 S	F	200 Back	24/11/2009	Club Championships 2009	
2:39.91 S	F	200 Back	24/11/2009	Club Championships 2009	
36.09 S	F	50 Breast	24/11/2009	Club Championships 2009	
36.09 S	F	50 Breast	24/11/2009	Club Championships 2009	
1:17.09 S	P	100 Breast	10/10/2009	National League Gala - 1st Leg	
2:48.02 S	F	200 Breast	24/11/2009	Club Championships 2009	
2:48.02 S	F	200 Breast	24/11/2009	Club Championships 2009	
34.49 S	F	50 Fly	24/11/2009	Club Championships 2009	
34.49 S	F	50 Fly	24/11/2009	Club Championships 2009	
1:15.77 S	F	100 Fly	24/11/2009	Club Championships 2009	
1:15.77 S	F	100 Fly	24/11/2009	Club Championships 2009	
2:42.02 S	F	200 Fly	24/11/2009	Club Championships 2009	
2:42.02 S	F	200 Fly	24/11/2009	Club Championships 2009	
1:11.49 S	F	100 IM	24/11/2009	Club Championships 2009	
1:11.49 S	F	100 IM	24/11/2009	Club Championships 2009	
2:35.80 S	F	200 IM	24/11/2009	Club Championships 2009	
2:35.80 S	F	200 IM	24/11/2009	Club Championships 2009	
5:14.75 S	F	400 IM	24/11/2009	Club Championships 2009	
Dean Woodcock (18) M					
25.73 S	F	50 Free	24/11/2009	Club Championships 2009	
25.73 S	F	50 Free	24/11/2009	Club Championships 2009	
55.90 S	F	100 Free	24/11/2009	Club Championships 2009	
55.90 S	F	100 Free	24/11/2009	Club Championships 2009	
2:01.43 S	F	200 Free	27/03/2010	Essex Age Group Championships - Block D	
17:55.75 S	F	1500 Free	24/11/2009	Club Championships 2009	
30.01 S	F	50 Back	24/11/2009	Club Championships 2009	
30.01 S	F	50 Back	24/11/2009	Club Championships 2009	
1:02.54 S	P	100 Back	10/10/2009	National League Gala - 1st Leg	
2:14.95 S	F	200 Back	27/03/2010	Essex Age Group Championships - Block D	
34.15 S	F	50 Breast	23/01/2010	Essex Age Group Championships - Block A	
1:11.78 S	P	100 Breast	10/10/2009	National League Gala - 1st Leg	
2:39.04 S	F	200 Breast	24/11/2009	Club Championships 2009	
2:39.04 S	F	200 Breast	24/11/2009	Club Championships 2009	
28.53 S	F	50 Fly	24/11/2009	Club Championships 2009	
28.53 S	F	50 Fly	24/11/2009	Club Championships 2009	
1:02.06 S	F	100 Fly	20/03/2010	Essex League Gala 3	
2:27.58 S	F	200 Fly	24/11/2009	Club Championships 2009	
2:27.58 S	F	200 Fly	24/11/2009	Club Championships 2009	
1:02.15 S	P	100 IM	10/10/2009	National League Gala - 1st Leg	
2:15.48 S	F	200 IM	27/03/2010	Essex Age Group Championships - Block D	
4:41.77 S	P	400 IM	21/11/2009	Essex Championships & Special Relays Weekend	
Ian Woodcock (13) M					
32.16 S	F	50 Free	24/11/2009	Club Championships 2009	

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Time	P/F/S	Event		
Ian Woodcock (13) M				
32.16 S	F	50 Free	24/11/2009	Club Championships 2009
1:10.08 S	F	100 Free	24/11/2009	Club Championships 2009
1:10.08 S	F	100 Free	24/11/2009	Club Championships 2009
2:33.67 S	F	200 Free	24/11/2009	Club Championships 2009
2:33.67 S	F	200 Free	24/11/2009	Club Championships 2009
5:20.26 S	F	400 Free	24/11/2009	Club Championships 2009
11:06.10 S	F	800 Free	24/11/2009	Club Championships 2009
40.01 S	F	50 Back	24/11/2009	Club Championships 2009
40.01 S	F	50 Back	24/11/2009	Club Championships 2009
1:24.08 S	F	100 Back	24/11/2009	Club Championships 2009
1:24.08 S	F	100 Back	24/11/2009	Club Championships 2009
3:03.05 S	F	200 Back	24/11/2009	Club Championships 2009
3:03.05 S	F	200 Back	24/11/2009	Club Championships 2009
47.20 S	F	50 Breast	24/11/2009	Club Championships 2009
47.20 S	F	50 Breast	24/11/2009	Club Championships 2009
1:37.28 S	F	100 Breast	24/11/2009	Club Championships 2009
1:37.28 S	F	100 Breast	24/11/2009	Club Championships 2009
3:26.38 S	F	200 Breast	24/11/2009	Club Championships 2009
3:26.38 S	F	200 Breast	24/11/2009	Club Championships 2009
35.61 S	F	50 Fly	24/11/2009	Club Championships 2009
35.61 S	F	50 Fly	24/11/2009	Club Championships 2009
1:15.24 S	F	100 Fly	20/03/2010	Essex Legue Gala 3
2:50.00 S	F	200 Fly	24/11/2009	Club Championships 2009
2:50.00 S	F	200 Fly	24/11/2009	Club Championships 2009
1:20.78 S	F	100 IM	24/11/2009	Club Championships 2009
1:20.78 S	F	100 IM	24/11/2009	Club Championships 2009
2:49.02 S	F	200 IM	24/11/2009	Club Championships 2009
2:49.02 S	F	200 IM	24/11/2009	Club Championships 2009
5:49.18 S	F	400 IM	24/11/2009	Club Championships 2009
Noah Yewman (12) M				
41.87 S	F	50 Free	28/02/2010	CSC Time Trial
1:40.06 S	T	100 Free	29/03/2010	CSC Time Trial
44.93 S	T	50 Back	19/04/2010	CSC Time Trial
59.90 S	F	50 Fly	28/02/2010	CSC Time Trial