



CHELMSFORD SWIMMING CLUB

CLUB CHAMPIONSHIPS 2010 **Level 4 licensed (4ER0601)**

This year's Club Championships will take place at New Hall Pool from the 19th of November to 23rd of November 2010. The entry form together with the programme of events, dates and times are attached and are also displayed on the notice board. The 800m Freestyle and 1500m Freestyle events have now become mixed events as seen in all major Championships. We are continuing with the SKINS events for the fastest six swimmers in both the Ladies and Men's 50m Freestyle. This is a fast and very competitive event and should definitely add to the atmosphere!

The closing date for entries is **Friday 22nd October 2010**.

There will be **NO late entries** and no swimming for times. Please therefore ensure all entry forms are handed in on time! There is a £15.00 entry fee, which covers all events. This entry fee helps finance the cost of hiring the pool during the Championships and also goes towards the eventual cost of medals and engraving the trophies.

Age Groups are as at 23rd November 2010. To be eligible you must be a full paying member of Chelmsford Swimming Club from 1st September 2010. This is a level 4 licensed meet so qualifying times for County Championships can be achieved.

As in previous years, due to increasing membership numbers, spectators must be limited to ONE member only per family on the Saturday session. Please respect this request as space is extremely limited and health and safety regulations will be breached. As there are two sessions on the Saturday, a suggestion would be for one parent to watch the first session and the other parent the second session, This has worked very well over the past few years and for the Championships to run efficiently and safely we really do have to adhere to this policy, and we will have to refuse entry to those who cannot abide by our request. Thank you.

If you have any queries please do not hesitate to ask your Coach or contact Nicky Sanders or Paulene Sorrell on 07970 687332 or see us on poolside.
(New Hall Pool – All squad sessions)