

# BISHOP'S STORTFORD SWIMMING CLUB

(Affiliated to ASA East Region)



## PROGRAMME OF EVENTS

SESSION 1	SATURDAY 26 <sup>TH</sup> SEPT	WARM-UP 1:00PM	SESSION 1 START 1:45PM
EVENT 1	FEMALE	100M	BUTTERFLY
EVENT 2	MALE	100M	BACKSTROKE
EVENT 3	FEMALE	50M	FREESTYLE
EVENT 4	MALE	50M	BREASTSTROKE
EVENT 5	FEMALE	100M	IND. MEDLEY
EVENT 6	MALE	200M	FREESTYLE

SESSION 2	SATURDAY 26 <sup>TH</sup> SEPT	WARM-UP 5:30PM	SESSION 2 START 6:15PM
EVENT 7	FEMALE	50M	BACKSTROKE
EVENT 8	MALE	50M	BUTTERFLY
EVENT 9	FEMALE	100M	BREASTSTROKE
EVENT 10	MALE	100M	FREESTYLE
EVENT 11	FEMALE	200M	IND. MEDLEY

SESSION 3	SUNDAY 27 <sup>TH</sup> SEPT	WARM-UP 11:00AM	SESSION 3 START 11:45AM
EVENT 12	MALE	100M	BUTTERFLY
EVENT 13	FEMALE	100M	BACKSTROKE
EVENT 14	MALE	50M	FREESTYLE
EVENT 15	FEMALE	50M	BREASTSTROKE
EVENT 16	MALE	100M	IND. MEDLEY
EVENT 17	FEMALE	200M	FREESTYLE

SESSION 4	SUNDAY 27 <sup>TH</sup> SEPT	WARM-UP 3:30PM	SESSION 4 START 4:15PM
EVENT 18	MALE	50M	BACKSTROKE
EVENT 19	FEMALE	50M	BUTTERFLY
EVENT 20	MALE	100M	BREASTSTROKE
EVENT 21	FEMALE	100M	FREESTYLE
EVENT 22	MALE	200M	IND. MEDLEY