

Braintree & Bocking Swimming Club

(Affiliated to ASA East Region)

License Number 3ER1247 refers.

(Under ASA Laws and ASA Technical Rules)

at Braintree Swimming Pool, Freeport, Braintree – Sunday 3rd July 2011

BOYS - Qualifying Times - Short Course Pool

Age Group	9/10		11		12		13		14		15/Over	
	LQT	UQT	LQT	UQT	LQT	UQT	LQT	UQT	LQT	UQT	LQT	UQT
50m Freestyle	0:58.0	0:31.0	0:50.0	0:30.0	0:45.0	0:27.0	0:40.0	0:26.0	0:40.0	0:25.0	0:40.0	0:25.0
50m Backstroke	1:05.0	0:37.0	0:55.0	0:34.0	0:50.0	0:33.0	0:45.0	0:30.0	0:45.0	0:30.0	0:45.0	0:27.0
50m Breaststroke	1:10.0	0:40.0	1:00.0	0:40.0	0:55.0	0:36.0	0:50.0	0:33.0	0:50.0	0:32.0	0:50.0	0:29.0
50m Butterfly	1:00.0	0:34.0	0:55.0	0:32.0	0:45.0	0:31.0	0:42.0	0:29.0	0:42.0	0:29.0	0:42.0	0:26.0
100m Individual Medley	2:15.0	1:18.0	2:00.0	1:15.0	1:55.0	1:11.0	1:45.0	1:09.0	1:40.0	1:05.0	1:40.0	1:00.0

GIRLS - Qualifying Times - Short Course Pool

Age Group	9/10		11		12		13		14		15/Over	
	LQT	UQT	LQT	UQT	LQT	UQT	LQT	UQT	LQT	UQT	LQT	UQT
50m Freestyle	0:58.0	0:31.0	0:50.0	0:30.0	0:45.0	0:28.0	0:40.0	0:27.0	0:40.0	0:26.0	0:40.0	0:25.0
50m Backstroke	1:05.0	0:38.0	0:55.0	0:34.0	0:50.0	0:33.0	0:45.0	0:32.0	0:45.0	0:32.0	0:45.0	0:28.0
50m Breaststroke	1:10.0	0:40.0	1:00.0	0:41.0	0:55.0	0:37.0	0:50.0	0:35.0	0:50.0	0:35.0	0:50.0	0:32.0
50m Butterfly	1:00.0	0:36.0	0:55.0	0:33.0	0:45.0	0:32.0	0:42.0	0:30.0	0:42.0	0:29.0	0:42.0	0:27.0
100m Individual Medley	2:15.0	1:18.0	2:00.0	1:13.0	1:55.0	1:12.0	1:45.0	1:10.0	1:40.0	1:10.0	1:40.0	1:00.0