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**Individual Meet Results**
**Essex Age Group Championships - Block D 29-Mar-09 SC Meters****Location: Braintree****Chelmsford Swimming Club [CHET] Coach: Alan Mitchell**

<b>Time</b>	<b>F/P/S</b>	<b>Name</b>	<b>Age</b>	<b>Place</b>	<b>Points</b>	<b>Impr</b>
<b>Event #131 Female 100 Free 11-11</b>						
1:02.94S	P	Duffy, Eliza	11	1	---	-2.51
1:04.45S	F	Duffy, Eliza	11	1	---	-1.00
1:05.57S	P	Sanders, Courtney	11	3	---	-2.24
1:05.90S	F	Sanders, Courtney	11	4	---	-1.91
1:08.84S	P	McCaffrey, Eleanor	11	7	---	-3.57
<b>Event #131 Female 100 Free 13-13</b>						
1:04.06S	P	Jones, Alana	13	6	---	-0.94
1:05.05S	F	Jones, Alana	13	6	---	0.05
1:06.97S	P	Massey, Eleanor	13	19	---	0.54
<b>Event #132 Male 100 Fly 16-16</b>						
1:03.10S	P	Woodcock, Dean	16	7	---	0.64
<b>Event #133 Female 400 IM 14-14</b>						
5:30.91S	P	Fisher, Evie	14	3	---	-1.69
<b>Event #134 Male 200 IM 11-11</b>						
2:51.53S	P	Neale, Ben	11	8	---	-4.69
3:01.11S	P	Pickering, Jack	11	19	---	-6.31
<b>Event #135 Female 200 Fly 11-11</b>						
2:43.52S	P	Duffy, Eliza	11	2	---	-7.24
2:50.52S	P	Sanders, Courtney	11	4	---	-8.01
<b>Event #136 Male 200 Breast 12-12</b>						
2:53.32S	P	Veasey, Gus	12	2	---	-7.97
3:06.71S	P	Davy, Ross	12	9	---	-0.32
<b>Event #136 Male 200 Breast 14-14</b>						
2:48.75S	P	Sorrell, Dan	14	5	---	-4.81
<b>Event #137 Female 400 Free 10-10</b>						
5:36.87S	P	Stamp, Ellie	10	10	---	-5.39
<b>Event #138 Male 100 Back 12-12</b>						
1:12.56S	P	Winter, James	12	4	---	-2.07
1:14.28S	F	Winter, James	12	6	---	-0.35
1:16.17S	P	Veasey, Gus	12	12	---	-1.34
<b>Event #138 Male 100 Back 14-14</b>						
1:06.11S	F	Sorrell, Dan	14	2	---	-1.69
1:06.82S	P	Sorrell, Dan	14	4	---	-0.98
1:09.09S	P	Roots, Ben	14	12	---	-1.49
<b>Event #139 Female 100 Free 14-14</b>						
1:05.02S	P	Fisher, Evie	14	7	---	-0.92

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Time	F/P/S	Name	Age	Place	Points	Impr
<b>Event #140 Female 400 IM 11-11</b>						
5:32.56S	P	Duffy, Eliza	11	3	---	-15.54
5:48.41S	P	Sanders, Courtney	11	7	---	-7.35
<b>Event #141 Male 200 Fly 12-12</b>						
2:40.08S	P	Winter, James	12	3	---	-2.42
<b>Event #144 Male 200 Free 16-16</b>						
1:59.87S	P	Woodcock, Dean	16	2	---	-1.23
<b>Event #145 Male 100 IM 15-15</b>						
1:07.58S	P	Lines, Jon	15	9	---	-1.57
<b>Event #145 Male 100 IM 16-16</b>						
1:02.73S	F	Woodcock, Dean	16	2	---	-0.52
1:04.24S	P	Woodcock, Dean	16	1	---	0.99
<b>Event #146 Female 100 Fly 11-11</b>						
1:12.01S	F	Duffy, Eliza	11	2	---	-0.20
1:13.12S	P	Duffy, Eliza	11	2	---	0.91
1:15.93S	P	Sanders, Courtney	11	4	---	-3.73
DQ	F	Sanders, Courtney	11	---	---	---
<b>Event #148 Female 400 Free 14-14</b>						
4:52.45S	P	Fisher, Evie	14	4	---	-0.28
		32.62 35.89 37.31 37.56 37.17 37.55 38.15 36.20				
<b>Event #149 Male 200 Back 16-16</b>						
2:13.85S	P	Woodcock, Dean	16	2	---	-3.50
<b>Event #150 Female 200 IM 10-10</b>						
3:04.00S	P	Stamp, Ellie	10	10	---	-1.15
DQ	P	Brazier, Danica	10	---	---	---
<b>Event #151 Male 200 Free 12-12</b>						
2:15.87S	P	Winter, James	12	5	---	-4.52
2:22.11S	P	Veasey, Gus	12	9	---	-0.81
2:25.09S	P	Davy, Ross	12	17	---	-5.00
<b>Event #151 Male 200 Free 14-14</b>						
2:03.10S	P	Sorrell, Dan	14	3	---	-2.10
2:11.16S	P	Roots, Ben	14	13	---	-1.35
<b>Event #152 Male 100 Free 15-15</b>						
57.38S	P	Lines, Jon	15	10	---	0.46
<b>Event #152 Male 100 Free 16-16</b>						
56.43S	P	Woodcock, Dean	16	8	---	-0.05

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<b>Event #152 Male 100 Free 17 &amp; Over</b>						
58.98S	P	Lines, Alex	17	10	---	1.76
<b>Event #153 Female 100 Breast 11-11</b>						
1:28.86S	F	Sanders, Courtney	11	3	---	-4.30
1:30.69S	P	Sanders, Courtney	11	6	---	-2.47
<b>Event #154 Male 200 Back 11-11</b>						
2:43.31S	P	Neale, Ben	11	3	---	-4.06
2:52.36S	P	Pickering, Jack	11	13	---	-5.15
<b>Event #155 Male 200 IM 16-16</b>						
2:14.17S	P	Woodcock, Dean	16	---	2	0.36
<b>Event #156 Male 400 Free 12-12</b>						
4:40.62S	P	Winter, James	12	2	---	-5.55
		32.14 35.45 36.34 36.37 35.87 35.65 35.08 33.72				
4:54.18S	P	Veasey, Gus	12	8	---	-4.11
		32.78 36.27 37.65 37.70 37.71 38.07 38.04 35.96				
<b>Event #156 Male 400 Free 14-14</b>						
4:17.95S	P	Sorrell, Dan	14	3	---	-0.85
		28.11 31.43 32.89 32.87 33.18 33.65 33.19 32.63				
4:40.22S	P	Roots, Ben	14	9	---	1.27
		29.74 34.15 35.31 36.12 36.26 36.84 36.36 35.44				
<b>Event #158 Female 200 IM 14-14</b>						
2:36.25S	P	Fisher, Evie	14	4	---	-2.81